

The **ball** has two bells inside, so it makes a noise when thrown.



The ball is:

1.25 kg weight (2.75 lb)

25 cm diameter
and has 8 holes



SPEED! The ball travels between 60 and 80 kph (35–50 mph).

- *Hot potato*
- *No hogging the ball*
- *No chucking the ball*

Hot potato! You have **ten seconds** to throw that ball!

Blackened **eyeshades** ensure no athlete uses sight while playing (fair play).

Orientation? All lines are **tactile**. There is a piece of string in the centre of the tape.

(Athletes also use the goals and team mates.)



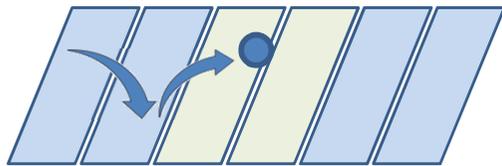
There are two **twelve-minute** periods.

(Overtime is two three-minute periods.)

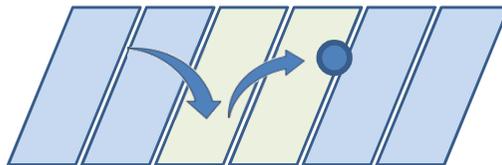
Each team has **three players** on court at any time, and up to **three on the bench**.

Each team **gets four time-outs** and **four substitutions** for the entire game (other than half time).

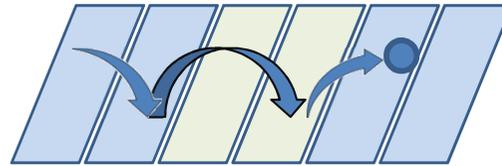
High ball penalty?



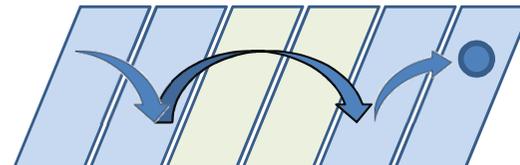
Ball needs to bounce here.



Long ball penalty?



Ball needs to bounce in the centre.



Balls are made either in Germany (KWG: Konrad Wiese GmbH) or Canada (Targe), costing \$80-120.

Overtime only occurs where there is a tied score. First goal wins (golden goal).

Further information;
International Blind
Sports Federation (IBSA)
www.ibsasport.org

Goalball South Australia
www.goalballsouthaustralia.org

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- *Mobile phones OFF please* •

SSSH!! Please make **no noise** until the referee announces a goal.



Why? The players need to track the **sound** of the ball.

Anyone can play!

You do not have to be blind or visually impaired to play below international level.

Athletes can have B1, B2, or B3 vision.

B1: No or little sight.

B2: 2/60 vision.

B3: 6/60 vision.

2/60: A person can see at two metres what is normally seen at sixty metres.



Goalball

A team sport at the Paralympics for the visually impaired.

Eye–hand coordination!

Created in **1946**, and a Paralympic Games sport since **1976**.



‘Quiet please!’

An unofficial guide for Paralympic Games Makers. Thanks for your interest!